

Total Score = Performance + Participation																		
Performance = Best 3 Scores of 5 (season's best times)					Participation = Best 3 Scores of 5 (ranked first by numbers completed)					SCORES				POSITIONS				
Score	5 Mile	10K	10 Mile	Half Marathon	Marathon	CCCs: total score across races (up to your best 5), from CCC website	RR10s: % rank across races (up to your best 5), from RR10 website	HRRL: % rank across races (up to your best 7), from HRRL website	ParkRuns: ranked by number completed as a member since 1st September, in bands of 10, then by season's best time	HXCL: total score across races (up to your best 4), from HXCL website	Performance best 3 of 5 scores				Participation best 3 of 6 scores			
											Total score	Position	Name	Category	Total score	Position	Name	Category
20	Alice Burch Oxenton 40:03 1:15:37 PB	Alice Burch Lords Hill 40:03	Julie Denham Great South Run 1:43:30 PB	Alice Burch Gosport 1:36:10	Hein Bonaer London 3:31:16	Alice Burch 4 2 CCG	42.1%	Alice Burch 97.2%	Lyn Hatcher 100+ 11-20 parkruns (12)	Alice Burch 54 1 CCG	20	20	Alice Burch	SEN	120	1	Alice Burch	SEN
19	Carly Lucas Romey 40:22 PB	Hein Bonaer Lords Hill 40:22 PB	Kirsty Macbeth Great South Run 1:43:30 PB	Julie Denham Southampton 1:43:30 PB	Jaques Barlow London 3:49:38	Flu Student-Kenned 16 2 CCG	34.1%	Virginia Collins 2 2 CCG	Virginia Collins 100+ 1-10 parkruns (2)	Sophie Coady 30 1 CCG	19	19	Carly Lucas	SEN	117	19	Carly Lucas	SEN
18	Louise Henning Romey 43:33 PB	Julie Denham Bournemouth 43:33 PB	Julie Denham Great South Run 1:43:30 PB	Kirsty Macbeth Gosport 1:43:56 PB	Rachel Evans London 4:09:43	Patricia Spotoopa 95 2 CCG	78.9%	Hein Bonaer 84.9%	Emily Stoodley 100+ 1-10 runs (2)	Amanda Jones 122 1 CCG	14	8	Louise Henning	VBO	14	8	Louise Henning	VBO
17	Pam Bungay Romey 45:06	Kirsty Macbeth Lords Hill 45:06	Sophie James Great South Run 1:52:55 PB	Julie Denham Southampton 1:52:55 PB	Mike Webb Southampton 4:55:35 PB	Amanda Jones 95 2 CCG	78.9%	Kirsty Macbeth 86 2 CCG	Alice Burch 105 1 CCG	Mel Green 126 1 CCG	16	11	Pam Bungay	VBO	16	11	Pam Bungay	VBO
16	Clare Draney Oxenton 46:40	Amanda Pinckney Lords Hill 46:40	Carly Lucas Great South Run 1:57:04 PB	Elizabeth White Southampton 1:57:04 PB	Lyn Hatcher Southampton 5:00:08 PB	Lyn Hatcher 111 2 CCG	77.0%	Amanda Pinckney 72.4%	Hein Bonaer 135 1 CCG	Lyn Hatcher 195 1 CCG	19	16	Clare Draney	VBO	19	16	Clare Draney	VBO
15	Alison Cooper Romey 47:47	Sophie Coady Bilfold 47:47	Clare Draney Bilfold 1:59:04 PB	Sarah Gordon Great South Run 1:59:04 PB	Lynda Massey Southampton 5:00:08 PB	Lynda Massey 137 1 CCG	77.0%	Sophie Coady 72.4%	Elizabeth White 199 1 CCG	Donna Pike 198 1 CCG	18	13	Alison Cooper	VBO	18	13	Alison Cooper	VBO
14	Virginia Collins Oxenton 48:25	Elizabeth White Lords Hill 48:25	Sophie James Great South Run 1:59:23 PB	Sophie James Gosport 1:59:23 PB	Caroline Irwin London 5:11:29 PB	Caroline Irwin 199 2 CCG	66.4%	Elizabeth White 96.4%	Jaques Barlow 200 1 CCG	Teresa Dodkin 140 1 CCG	16	12	Virginia Collins	VBO	16	12	Virginia Collins	VBO
13	Sarah Hopkins Romey 49:10 PB	Sophie James Great South Run 1:31:25 PB	Louise Henning Great South Run 1:31:25 PB	Amanda Jones Gosport 1:56:50	Vicky Couzens London 5:22:45 PB	Sophie Coady 25 1 CCG	60.0%	Sophie James 60.0%	Sophie Coady 100+ 1-10 runs (4)	Sam Bowyer 142 1 CCG	13	8	Sarah Hopkins	VBO	13	8	Sarah Hopkins	VBO
12	Veronica McClure Romey 50:13 PB	Lorna Lavers Lords Hill 50:13 PB	Caroline Orchard Great South Run 1:35:27 PB	Rachel McCulloch Gosport 1:35:27 PB	Zoe Brencley Brighton 5:27:06 PB	Kirsty Macbeth 27 1 CCG	62.1%	Lorna Lavers 96.6%	Lorna Lavers 27 1 CCG	Dot Kennard 146 1 CCG	17	7	Veronica McClure	VBO	17	7	Veronica McClure	VBO
11	Sam Molyer Romey 50:50 PB	Clare Draney Taiton 50:50 PB	Rachael Gardner Great South Run 1:38:05 PB	Mel Green Gosport 1:38:05 PB	Hein Miles London 5:48:57	Elizabeth White 35 1 CCG	42.1%	Caroline Orchard 42.1%	Clare Draney 100+ 1-10 runs (10)	Alison Kaines 148 1 CCG	13	7	Sam Molyer	VBO	13	7	Sam Molyer	VBO
10	Tanya Davis Romey 51:59 PB	Caroline Orchard Lords Hill 51:59 PB	Veronica McClure Great South Run 1:39:55 PB	Louise Henning Gosport 1:39:55 PB	Dot Kennard London 5:51:14	Sarah Gordon 37 1 CCG	41.4%	Lyn Hatcher 41.4%	Amanda Jones 21 1 CCG	Ann Marie Vanderplank 149 1 CCG	12	10	Tanya Davis	VBO	12	10	Tanya Davis	VBO
9	Jeanette Hiccocks Romey 55:19	Lyn Hatcher Lords Hill 55:19	Laura Martin Great South Run 1:41:13 PB	Carly Lucas Gosport 1:41:13 PB	Priscilla Cook London 5:51:14	Priscilla Cook 48 1 CCG	34.4%	Carly Lucas 34.4%	Kirsty Macbeth 26.01 1 CCG	Ann Marie Vanderplank 149 1 CCG	11	11	Jeanette Hiccocks	VBO	11	11	Jeanette Hiccocks	VBO
8	Virginia Collins Winchester 57:47	Virginia Collins Winchester 57:47	Teresa Dodkin Great North Run 1:41:23 PB	Clare Draney Great North Run 1:41:23 PB	Luzie Cook London 5:51:14	Luzie Cook 51 1 CCG	25.0%	Farah Hibbard 25.0%	Vir Alexander 100+ 1-10 runs (8)	Ann Marie Vanderplank 149 1 CCG	10	5	Virginia Collins	VBO	10	5	Virginia Collins	VBO
7	Pam Bungay Winchester 59:52	Sarah Hopkins Great South Run 1:44:48 PB	Sarah Hopkins Great South Run 1:44:48 PB	Lisa Babin Southampton 1:44:48 PB	Tracy Nightingale Southampton 6:02:00	Farah Hibbard 54 1 CCG	9.9%	Dot Kennard 9.9%	Zoe Brencley 26.41 1 CCG	Ann Marie Vanderplank 149 1 CCG	9	15	Pam Bungay	VBO	9	15	Pam Bungay	VBO
6	Farah Hibbard Winchester 1:00:18	Jo Ingle Smith Great South Run 1:45:25 PB	Jo Ingle Smith Great South Run 1:45:25 PB	Donna Pike Gosport 1:45:25 PB	Kelly Brooks London 6:02:00	Kelly Brooks 57 1 CCG	5.9%	Ann Marie Vanderplank 26.41 1 CCG	1-10 runs (3)	Ann Marie Vanderplank 149 1 CCG	8	14	Farah Hibbard	VBO	8	14	Farah Hibbard	VBO
5	Teresa Dodkin Winchester 1:00:58	Tanya Davis Great South Run 1:59:55 PB	Tanya Davis Great South Run 1:59:55 PB	Virginia Collins Great South Run 2:07:31	Veronica McClure London 6:02:00	Veronica McClure 61 1 CCG	5.3%	Alison Kaines 26.05 PB 1 CCG	1-10 runs (2)	Ann Marie Vanderplank 149 1 CCG	8	2	Teresa Dodkin	VBO	8	2	Teresa Dodkin	VBO
4	Rachael Gardner Southampton 1:01:26 PB	Dot Kennard Gosport 1:51:06	Dot Kennard Gosport 1:51:06	Vicky Couzens Gosport 2:09:05 PB	Diana Davis London 6:02:00	Diana Davis 62 1 CCG	3.3%	Tracy Nightingale 27.03 1 CCG	1-10 runs (1)	Ann Marie Vanderplank 149 1 CCG	7	11	Rachael Gardner	VBO	7	11	Rachael Gardner	VBO
3	Veronica McClure Southampton 1:04:51	Jane Forbes Great South Run 1:59:08	Jane Forbes Great South Run 1:59:08	Teresa Dodkin Gosport 2:12:17 PB	Jo Ingle Smith London 6:02:00	Jo Ingle Smith 65 1 CCG	2.0%	Michelle Price 28.07 1 CCG	1-10 runs (1)	Ann Marie Vanderplank 149 1 CCG	6	8	Veronica McClure	VBO	6	8	Veronica McClure	VBO
2	Sam Molyer Winchester 1:05:00 PB	Jeanette Hiccocks Gosport 2:04:22	Jeanette Hiccocks Gosport 2:04:22	Sam Bowyer Gosport 2:12:48	Donna Pike London 6:02:00	Donna Pike 69 1 CCG	0.7%	Rebecca Fauch 28.15 1 CCG	1-10 runs (2)	Ann Marie Vanderplank 149 1 CCG	5	9	Sam Molyer	VBO	5	9	Sam Molyer	VBO
1	Dot Kennard Lords Hill 1:06:15	Sarah Frame Great South Run 1:06:15	Sarah Frame Great South Run 1:06:15	Dot Kennard Southampton 2:21:08 PB	Deborah Garrett London 6:02:00	Deborah Garrett 70 1 CCG	1.0%	Sarah Frame 29.04 1 CCG	1-10 runs (1)	Ann Marie Vanderplank 149 1 CCG	4	10	Dot Kennard	VBO	4	10	Dot Kennard	VBO

Volunteering - Male & Female	
1 point for each parkrun/10 points for RR10	CCS/RR10
Sue Tizard	2
Bob	2
Heleen Shaw	6
Bob	6
Jaques Barlow	6
Alice Burch	5
Alison Kaines	4
Heleen Shaw	5
Bob	3
Alison Kaines	2
Andy Warren	2
Andy Warren	2
Craig Taylor	1
Donna Pike	1
Mark Whitlock	1
Vicky Couzens	1
Vicky Couzens	1
Neil White	1
Zoe Brencley	1
Andy Newman	1
Luke Mills	1
Alison Cooper	1
Adrian Hayes	1
Adrian Hayes	1

	Alison Kaines Lords Hill 1:07:53	Ann-Marie Vanderplank Lords Hill 1:07:53	Tracy Nightingale Lords Hill 1:09:19	Sarah Frame Lords Hill 1:11:18	Jeanette Hiccocks Winchester 1:11:59	Rebecca Fauch Lords Hill 1:14:19	Tina Mills Southampton 1:15:45	Dot Kennard Gosport 2:26:41	Teresa Dodkin Southampton 2:41:30	Tracy Nightingale Gosport 2:33:17 PB	Zoe Brencley Gosport 2:33:18	Sam Molyer Gosport 2:33:18	Tina Mills Gosport 2:33:18	Alison Kaines Gosport 2:33:18	Donna Pike Gosport 2:33:18	Rebecca Fauch Gosport 2:33:18	Deborah Garrett Gosport 2:33:18	Vicky Couzens 100+ 29.10 1-10 runs (7)	Heleen Corries 29.27 1-10 runs (6)	Sarah Whiteley 29.43 1-10 runs (2)	Sam Bowyer 29.53 1-10 runs (1)	Katy Brooks 30.07 1-10 runs (10)	Teresa Dodkin 30.27 1-10 runs (1)	Alison Cooper 30.32 1-10 runs (2)	Dot Kennard 100+ 30.55 1-10 runs (9)	Kira Taylor 32.20 1-10 runs (8)	Alison Kaines 32.27 1-10 parkruns (7)	Jane Forbes 32.20 1-10 runs (2)	Lisa Smith 100+ 32.47 1-10 runs (1)	Heather Reid 100+ 33.11 1-10 runs (1)	Ann-Marie Vanderplank 33.27 1-10 runs (7)	Jeanette Hiccocks 33.37 1-10 parkruns (3)	Priscilla Cook 34.29 PB 1-10 runs (1)	Maria Whitlock 34.53 1-10 runs (4)	Tracy Nightingale 35.02 1-10 runs (1)	Rebecca Chambers 37:13 PB 1-10 parkruns (3)	Caroline Irwin 41:03 1-10 runs (2)	Sue Tizard 44:51 1-10 runs (2)	Keri Howell 45:01 1-10 runs (1)
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