

TRC 4 Mile Time Trial – Monday 15th October 18

| Pos | Name | Time |
|-----|-----------------------|-------|
| 1 | Eamonn Rivers | 25:54 |
| 2 | Neil White | 25:57 |
| 3 | Robbie Barlow | 27:10 |
| 4 | Andy Gates | 27:25 |
| 5 | Aidan Hull | 27:29 |
| 6 | Dan Hull | 27:44 |
| 7 | Richard Burgess | 27:56 |
| 8 | Andy Warren | 28:00 |
| 9 | Brian Frampton | 28:04 |
| 10 | Mike Gordon | 29:10 |
| 11 | Kirsty Macbeth | 29:44 |
| 12 | Tony Lees | 29:45 |
| 13 | Pete Mills | 29:48 |
| 14 | Chris Barnes | 30:14 |
| 15 | Amanda Miles | 30:15 |
| 16 | Wayne Norton-Hill | 30:16 |
| 17 | Lee Trueman | 31:08 |
| 18 | Kevin Gardener | 31:15 |
| 19 | Shaun Grieves | 31:20 |
| 20 | Shelby Vincent | 31:26 |
| 21 | Lizzy White | 31:43 |
| 22 | Dennis Coady | 32:11 |
| 23 | Rachel Evans | 32:20 |
| 24 | Karen Williams | 32:46 |
| 25 | Janet Foote | 33:44 |
| 26 | Lyn Hatchett | 33:52 |
| 27 | Holly Lowe | 34:07 |
| 28 | Andy Mansfield | 34:14 |
| 29 | Mandy Jones | 34:25 |
| 30 | Ann-Marie Vanderplank | 34:36 |
| 31 | Tina Wooldridge | 34:48 |
| 32 | Helen Miles | 46:18 |

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| 33 | Emily Stoodley | 46:27 |
| 34 | Caroline Irwin | 49:03 |